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BEADING

Bead Passion
 Tel: 012-268 9983 (Felicia New)
 E-mail: beadpassion168@gmail.com
 http://www.beadpassion.com

BEADING WORKSHOP

Every weekend: Here's your chance to make your own jewellery using beads. Learn how to string necklaces, bracelets, earrings and other accessories. Call for details.

COMPETITION

Forest Research Institute Malaysia (FRIM)
 Kepong, Selangor
 Tel: (03) 6279 7591 or 7577
 www.frim.gov.my

THE ENCHANTING WORLD OF FRIM, THROUGH THE LENSE

Deadline Feb 28: Calling all shutterbugs, professionals, students and amateurs. FRIM is inviting you to snap pictures around their premises from now till Feb 28.

The objective of the competition is to enhance environmental awareness and forest appreciation, while promoting FRIM as a tourism site. Prizes range from RM150 to RM2,000.

For free entrance to FRIM, register in person at the FRIM Corporate Communications Unit (Building D2, next to FRIM Library) from 8am to 5pm (Monday-Friday) or at the FRIM One Stop Centre (D6), 9am-4pm (during weekends or public holidays).

PHOTO WORKSHOP FOR SCHOOL CHILDREN

Feb 14: FRIM is conducting a one-day workshop on photography for students who are members of their school photo clubs in Selangor.

The workshop will be facilitated by an experienced photojournalist. The number of participants is limited to 50 and registration will be on a first-come-first-served basis.

Popular bookshop
Ikano Power Centre
 2nd Floor
 and
Sunway Pyramid
 Lower Ground I
 Selangor
 Tel: (03) 9179 6146

MONAMI CHILDREN COLOURING CONTEST

Jan 31: Don't know what to do with your kids during the weekend? Just get them to show off their colouring skills in a contest.

A fun skill



Beading is fun, and you have something to keep after that.
 — LOW LAY PHON/The Star

Open to children aged four to eight years old. Time: 2pm-5pm. Prizes await winners. Contest forms are available at Popular in Ikano Power Centre.

SALSA

The Kuala Lumpur Performing Arts Centre (KLPac)
 Sentul Park, Jalan Strachan
 off Jalan Ipoh, Kuala Lumpur
 Tel: (03) 4047 9060
 www.klpac.org

SALSA FOR BEGINNERS

Beginning Feb 7: Groove to the sounds of Cuba in this three-month salsa course taught by lawyer Az'far Baginda.

Students will be provided with easy step-by-step moves and by the end of the course, they'll be wanting more.

The instructor will combine theory and practical aspects of the dance.

Time: 2pm-3.30pm. Course fee: RM300. Registration: RM50.

ADVENTURE

Sabah Adventure Challenge
 E-mail: spartan01@sabahadventure.com
 www.sabahadventure.com

SABAH ADVENTURE CHALLENGE 2009

April 10-April 12: Adventure buffs, it's the 10th anniversary of this race, so get your gear out for this multi-day endurance event in the heart of north Borneo.

Mountain bikers and racers rarely get to see this side of the country otherwise. Registration for this year's race is now open online for 40 teams.

JUNGLE SURVIVAL

Jungle School
 Tel: (03) 4022 5124 (Lee)
 E-mail: info@jungleschool.com.my
 www.jungleschool.com.my
PRACTICAL JUNGLE SURVIVAL COURSE @ ULU TERONG JUNGLES, PERAK
Jan 27-Jan 30: Learn and practise skills for surviving in jungles.

Participants will be taught how to start a fire using bamboo, cooking rice using empty mineral water bottles, setting up shelters and trekking without a compass.

Cost: from RM450 with return transfers from KL, machetes, food and tents based on a minimum 15 pax participation. —

Compiled by REVATHI MURUGAPPAN