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For the forest and the trees

Club holds 16th annual run to mark World Forestry Day

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 Photos by **AZMAN GHANI**

MORE than 100 nature lovers participated in a 6km fun run held in conjunction with World Forestry Day.

The participants spent the morning at the Forest Research Institute Malaysia (FRIM) in Kepong in an event organised by the Malaysia Timber Industry Club.

Although World Forestry Day is celebrated on March 21 every year, the club's vicegerent Dr Clarence Tan said the fun run had to be postponed because of unforeseen circumstances.

"The event is held annually and this is the 16th consecutive year," he said.

He said it was held to create awareness on the environment.

"FRIM was a natural choice for the partici-

pants to enjoy the fresh air and greenery," he added.

Salesman Lu Choon Yee, 23, took part in the fun run after being persuaded by his gym mate.

"Joining the run can help me stay healthy, apart from enjoying the beautiful scenery," he said.

Another participant Leong Weng Hong, 24, said he enjoyed the greenery.

"Running is part of my daily routine to maintain a healthy lifestyle," he said, adding that he finished the run in about 45 minutes.

The club's immediate past president A. Krishnan, 65, said although he could not run because of his age, he enjoyed a brisk walk.



Cool surroundings: Families enjoying the scenery as they keep fit by joining the run.

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They did it: Participants of the World Forestry Day fun run getting together for a group photo.