TOP THREE
Cycling trails in KL

Bukit Kiara TTDI
THERE MUST BE at least 15 different trails here that cater to the needs of beginners as well as experienced bikers. The trails range from two-kilometre loops and 20-minute climbs to steep, tricky downhill rides. Joggers, jungle-trekkers and equestrians also use the trails.

Putrajaya Challenge Park
IT'S AN INTRICATE network of man-made trails here. It comprises a cross-country loop and a fast-paced downhill path. There's a dirt jump section with a number of tabletops and some drops.

FRIM
FOREST RESEARCH INSTITUTE Malaysia (FRIM) in Kepong has a variety of trails for beginners and the experienced. Be mindful of joggers who share the narrow trails.